Found: Bean Fair coffee

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Bean Fair, based in Wakefield, is the first coffee company in the region to be certified Carbon Dioxide Responsible. (Pat McGrath / Ottawa Citizen)

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What: Coffee that's bought from fair trade co-operatives around the world, then transported to the Ottawa area in a carbon-neutral equation. The flavourful beans come in six different blends or origins, from such countries as Ethiopia, Bolivia and others in Latin America. The Wakefield Blend — and two-to-one mix of French roast and Ethiopian beans — is one of Bean Fair's most popular.

Why: Bean Fair coffee, which has operated out of Wakefield since 1997, was one of Canada's first fair trade businesses. It's leading the way again, by becoming the first coffee business in the region to be certified Carbon Dioxide Responsible. "I counteract the company's level of CO2 emissions — caused by transport, processing and packaging — by supporting a reforestation project in Nicaragua," said Bean Fair owner Anne Winship. "When the farmers reforest underused and deforested sections of their land with native trees, the

trees in turn absorb CO2 and protect critical watersheds. And the small-scale farmers receive regular payments to maintain the trees."

Where: Bean Fair beans are sold at more than a dozen spots in the region, including The Wild Oat, the Green Door Grocer, Market Organics, Rainbow Foods and Herb & Spice on Wellington Street West in Ottawa; the Wakefield General Store in Wakefield and Les Fougères in Old Chelsea.

How much: \$16 to \$18 a pound

More: beanfair.ca (http://beanfair.ca)

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